**ENRICH Scotland**

**Care Home Managers’ Research Forum**

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| **Date: 26/06/24****Time: 14:00****Venue: Microsoft Teams**  |  |

**Meeting Minutes**

1. **Welcome and apologies**

Everyone on the call introduced themselves

I Mclean introduced the meeting by saying this was a space for CHs to participate in Care Home Research and can discuss any barriers to being involved in care home research. She talked over the original thoughts from the meeting which was previously shared about wellbeing of residents. S McDonald also shared her thoughts about activities/well-being in her care home.

1. **Guest Speaker:**

Anna Bryan – PHD student from Edinburgh University shared her study presentation. Click [here](file:///C%3A%5CUsers%5Chdavidson3%5CDesktop%5CFor%20emailing%20externally%5CENRICH%5CA%20Bryan%20presentation.pdf) to view

1. **Engagement & Participation:**

There was a discussion amongst the group as to ideas for residents’ well-being

* Music very beneficial / need to consider the type of music as depends on age of residents
* Need to consider timing of activities eg what about evenings/weekends?
* In some CHs the carer staff are now doing activities instead of activity co-ordinators
* Discussion about group activities vs 1:1 activities
* Some CHs have resident meetings for activities on a monthly basis
* An example of an intergenerational project with primary/secondary pupils was discussed
* Discussed that need to remind all staff that it is part of their job
* Issues re funding for activities discussed
* I McLean asked if research could be considered as an activity?
1. **AOCB:**

n/a

1. **Next meeting: Wednesday 4th September 2024 at 2pm (this is a change to date discussed at meeting)**

Topic – Stress & Distress: H Molloy to share info on managing behaviour within HC1 and Katy Jenks to be invited to next meeting

M Scott (Spynie Care Home) to meet with I McLean & S MacDonald to arrange agenda for next meeting

Details of the ENRICH Comms channels:

**Twitter**:

@EnrichScotland

**Facebook**:

https://www.facebook.com/enrichscotland

**Podcast:**

<https://podcast.iriss.org.uk/enrich-scotland-supporting-research-in-care-homes>

**Websites:**

<https://enrichscotland.wordpress.com/>

https://www.nhsresearchscotland.org.uk/research-in-scotland/facilities/enrich