

# My visitor book

A record of the health and social care professionals who visit me at home

Name:

Telephone number:

**There are a number of different professionals who may visit you in your home. These might include support workers, care assistants, social workers, nurses or occupational therapists.**

**You need to know what they have said and write down any information they have given you. If they will be visiting you again, you need to know when this will be.**

**This book will help you keep a record of these visits. Please keep it somewhere convenient.**

**After you receive a visit from a professional at home, use it to write a summary of who visited, what they did and when they will return. You might choose to ask them to write the summary themselves.**

Please complete the following fields:

Date:

Time:

Name:

Organisation:

Job/role:

Contact number:

Reason for visit:

Advice and support given:

Date of next appointment:

Time:

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# Alzheimer's Society services

Alzheimer's Society provides a range of services and resources to support people affected by dementia.

## National services

These are available wherever you live in England, Wales and Northern Ireland.

### National Dementia Helpline – 0300 222 1122

The Helpline is for anyone who is affected by dementia or worried about their memory. Trained advisers provide information, support, guidance and signposting to other appropriate organisations. The Helpline is open 9am–5pm Monday–Friday and 10am–4pm Saturday and Sunday. You can also contact the Helpline by email at [helpline@alzheimers.org.uk](mailto:helpline@alzheimers.org.uk)

### Talking Point online discussion forum

Talking Point is an online support and discussion forum for anyone affected by dementia. It's a place to ask for advice, share information, join in discussions and feel supported. Talking Point is available 24 hours a day, every day of the year. Visit [alzheimers.org.uk/talkingpoint](http://alzheimers.org.uk/talkingpoint)

### Printed and online information

You can read and order publications online at [alzheimers.org.uk](http://alzheimers.org.uk)  
You can also order copies by phoning **0300 303 5933**.

## Local services

Alzheimer's Society provides a range of local services in England, Wales and Northern Ireland. Please note that not all the services listed below are offered everywhere, due to the availability of funding.

- Dementia Adviser services
- Dementia support services
- Dementia Cafés
- Singing for the Brain® groups
- Community support services (including befriending)
- Support groups for people with dementia
- Support groups for carers
- Carer Information and Support Programme
- Advocacy services for people with dementia
- Day care and support services
- Home care and support services.

Contact your local Alzheimer's Society office or the National Dementia Helpline for more information about Society services in your area or visit [alzheimers.org.uk/localinformation](http://alzheimers.org.uk/localinformation)

Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers. We provide information and support to people with any form of dementia and their carers through our publications, National Dementia Helpline, website, and more than 2,000 local services. We campaign for better quality of life for people with dementia and greater understanding of dementia. We also fund an innovative programme of medical and social research into the cause, cure and prevention of dementia and the care people receive.

If you have any concerns about Alzheimer's disease or any other form of dementia, visit [alzheimers.org.uk](http://alzheimers.org.uk) or call the Alzheimer's Society National Dementia Helpline on **0300 222 1122**. (Interpreters are available in any language. Calls may be recorded or monitored for training and evaluation purposes.)

Local office details

## Alzheimer's Society

Devon House  
58 St Katharine's Way  
London E1W 1LB  
020 7423 3500  
[info@alzheimers.org.uk](mailto:info@alzheimers.org.uk)  
[alzheimers.org.uk](http://alzheimers.org.uk)

**Alzheimer's  
Society** | Leading the  
fight against  
dementia

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