

ENRICH SCOTLAND

enabling research in care homes



July 2024 Newsletter



Welcome to the ENRICH Scotland July newsletter (I think the sun shone for a few days in June 🧑🏻)



This month we are focusing on Ayrshire & Arran as 'Our Maureen' has been touring this region of Scotland the birthplace of more great Scots than anywhere else. From Robert the Bruce to Robbie

Burns, inventors such as Fleming (penicillin), McAdam (tarmac) and John Dunlop (tyres) and performers such as Nicola Benedetti who plays a mean fiddle.

"I have a friend who writes music about sewing machines....he's a Singer songwriter!"

So Maureen's never far away at the moment, she's signed up 26 more care homes to our register but if she's not been in touch and you fancy a visit hit this tay.enrichscotland@nhs.scot¹ and get in touch and she'll be with you faster than the winner of the Scottish Grand National. 🎉

360 Research Ready Care Homes



Last week we recruited our 360th care home to our research ready care home register. This means that **33%** of care homes in Scotland are Research Ready! Thank you so much to everyone for signing up to support research in care homes.

¹<mailto:tay.enrichscotland@nhs.scot>

ENRICH Scotland Care Home Managers' Research Forum



Our Care Home Research Forum took place on Wednesday 26th June. The topic was 'Resident Well-being' and we had a really good discussion about activities, timing of activities and whose job is it to carry out activities with residents. You can watch the recording of the meeting by clicking on https://www.youtube.com/watch?v=ztp_d0XntZ0 or reading the minutes here²

Our next meeting is on Wednesday 4th September and will focus on Stress & Distress

²<https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.nhsresearchscotland.org.uk%2Fuploads%2Ftinyemce%2F2024-06-26Minutes.docx&wdOrigin=BROWSELINK>

Webinar - June 2024



We had an amazing webinar by Alyson Vale on the book that Abbotsford Care co-produced 'Timeslips Collection'. To listen to the webinar click on: <https://www.youtube.com/watch?v=yNTDQ1BGDDU>

LIVE WEBINAR

NHS SCOTLAND
NHS RESEARCH SCOTLAND

NEUROPROGRESSIVE AND DEMENTIA

Partners in Research
ABBOTSFORD CARE LTD

Timeslips Collection
Original stories created by our Communities

Partners in Research would like to invite you to come along and listen to Alyson Vale, Director of Abbotsford Care in Fife, on their book 'Timeslips Collection - Original stories created by our Communities'

Join our webinar

Thursday 27th June 2024 1-2pm

<https://forms.office.com/e/VWhVdofgra>

SIGN UP!

Sign up using the link above.
Questions or difficulties signing up, contact tay.ppipartners@nhs.scot

Research Round Up



STUDIES CURRENTLY RECRUITING.

Below are studies being promoted by ENRICH Scotland, so please have a read and contribute. Remember to put it in your CPD/Revalidation....it all counts.

Understanding Hearing Loss and Dementia

DO YOU HAVE DEMENTIA OR ARE YOU CARER OF SOMEONE WITH DEMENTIA?

((👂)) **Take part in research!** ((👂))

Hearing tests for people with dementia...

If you are:

- Someone with **dementia** (any type or severity).
- Living in your own home or in a care home.
- You do **not** need to have hearing loss.

And/ Or

- Their family member, friend or carer.

What's involved?

We want to understand more about hearing tests for people with dementia... What's difficult and what works for you?

- Take part in a one-off interview with a researcher to discuss your (or your relative's) experiences and thoughts about hearing tests.
- The conversation will last around 1 hour.
- It will take place on the telephone or on Zoom, or if you live in the North West, face-to-face might be an option.

You will be reimbursed for your time. A family member or carer can be with you for the interview.

Please contact for more info:

IRAS ID: 334240 hannah.cross-2@manchester.ac.uk
 07392864672 V3; 09/05/2024







Early planning: A qualitative study on the experiences of older adults and involved decision makers planning for transition care in Scotland

Have you helped someone think about moving to a care home? Tell us about it!





UNIVERSITY OF ABERDEEN

Remarkable research for healthy ageing
THE DUNHILL MEDICAL TRUST

Who are we looking for?

- family/friend carer who helped an older person with decision-making about their future care

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

Residents of care homes: tell us about your experience leading to the move!



1495
UNIVERSITY OF ABERDEEN
Remarkable research for healthy ageing
THE DUNHILL MEDICAL TRUST

Who are we looking for?

- residents of a care home (by 'care home' we mean any care facility with on-site carers or nursing staff)

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at: lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

This study was approved by University of Aberdeen ethics committee n: 1968109

For **Tayside** Care Homes only

The perceptions of residents, staff, managers and owners of right-based concepts and their realisation in practice in care homes for older people in Scotland.

Fiona Clark from University of Dundee is looking for a care home in Tayside to help with her study by allowing her to do observations in the care home to gain knowledge and understanding of daily life. She would then like to carry out some interviews with residents, staff and the manager.

If you would like some more information, please contact Fiona on f.z.clark@dundee.ac.uk³ or 07983 232944

³<mailto:f.z.clark@dundee.ac.uk>

RICH Voices



Our Team	+
Lay Summaries	+
Video Content	+
Blogs and Articles	+
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ENRICH Scotland Newsletter	+
Image Library	+
Academic Publications	+
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Our online platform is now live on our ENRICH Scotland website (<https://www.nhsresearchscotland.org.uk/research-in-scotland/facilities/enrich>) . We have lots of new sections with information in them. Please take some time to have a look through.

RICH Voices Involvement - Marie Curie Project

Marie Curie are looking for someone from a care home to take part in their patient & public involvement activity. They would like someone to:

1. To take part in a working group with a focus on research data analysis. The data will consist of photographs taken by care home communities (one staff member, one resident, and one family member in two care homes), and the transcriptions of interviews with those taking the photographs. The topic of the photographs will be the last year of life and end of life care

in care homes. The PPI members would support the selection of photographs for inclusion in an exhibition and help in the formation of short stories/vignettes to go alongside the photographs based on the interview transcripts. Examples of photographs might be a medicine cupboard not big enough to hold all the end of life care medicines and them all spilling out, or the space or surroundings that people find themselves in and what this means to them.

2. Each co-researcher would take part in 4 in-person workshops and would receive **£50 payment per workshop**
3. 20% of the population currently die in a care home. This project wants to recognize the good end of life care that already happens in care homes and also highlight the barriers in the system that can get in the way. The benefits of taking part are that it gives PPI members an opportunity to contribute their lived experience and knowledge to influence the direction of the research on an issue that affects everyone. You will be contributing to ensuring the research is relevant, useful, and considerate of the needs and preferences of people living and dying in care homes, their families and those who provide care. The drawbacks of involvement are that it is a sensitive topic and may bring up emotions such as sadness and grief. The research team includes nurses who have worked in hospices and are experienced in this type of research and providing emotional support

If you know of anyone who would be interested, please email tay.enrichscotland@nhs.scot⁴

THANK YOU FOR READING



⁴<mailto:tay.enrichscotland@nhs.scot>

Our Blogs



Blog⁵: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!⁶

ENRICH Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin⁷
- Follow the NRS on Twitter⁸, LinkedIn⁹ and www.nrs.org.uk¹⁰.

⁵<https://enrichscotland.wordpress.com/>

⁶<https://enrichscotland.wordpress.com/>

⁷<https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8>

⁸<https://twitter.com/NHSResearchScot>

⁹<https://www.linkedin.com/company/nhsresearchscotland/>

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot¹¹

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

¹⁰<http://www.nhsresearchscotland.org.uk/>

¹¹<mailto:tay.enrichscotland@nhs.scot>