

ENRICH SCOTLAND

enabling research in care homes



Summer 2024 Newsletter



Welcome to the ENRICH Scotland Summer newsletter (even though the summer has not quite arrived 🙄)



Bernie is also on his holidays in China and Japan for the month of June so no terrible jokes this month

😄😄 However, he has left us a blog to read all about himself -

<https://www.dementiaresearcher.nihr.ac.uk/blog-fate-research-and-retirement/>

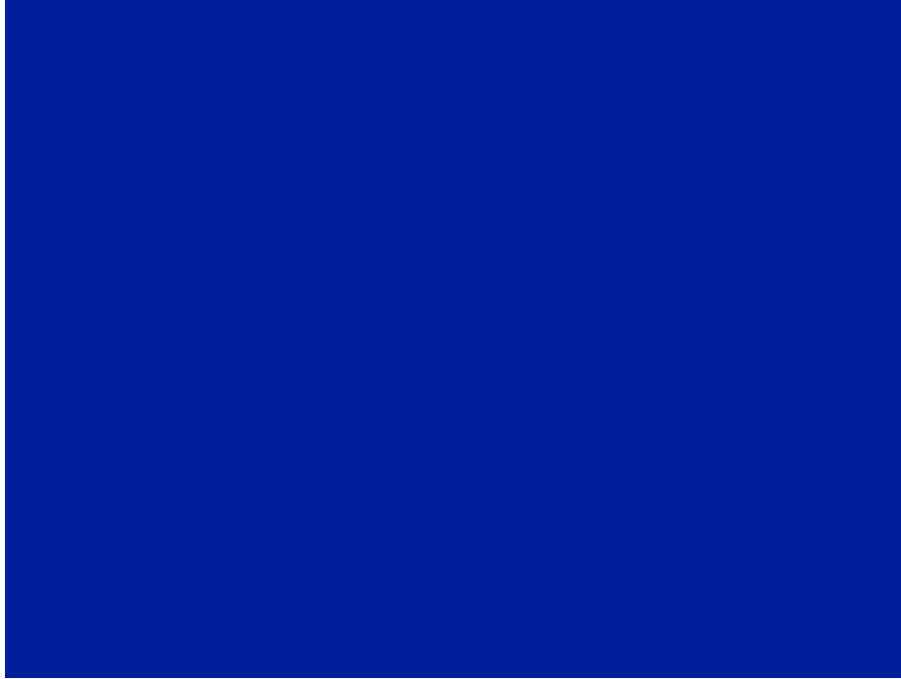


330 Research Ready Care Homes



Last week we recruited our 330th care home to our research ready care home register. This means that 32% of care homes in Scotland are Research Ready! Thank you so much to everyone for signing up to support research in care homes.

ENRICH Scotland Care Home Managers' Research Forum



A reminder that we have our Care Home Managers' Research Forum on Wednesday **26th June at 2pm**. The focus of this meeting is on wellbeing/being occupied as a care home resident, which was suggested by a care home Manager.

In advance of the meeting, we are looking to find out '*in your experience, what has been the most effective activity or initiative in improving residents' wellbeing and why?*

Contact tay.enrichscotland@nhs.scot¹ or your local CSO for a Teams link to join us!

¹<mailto:tay.enrichscotland@nhs.scot>

Webinar - June 2024



Our next webinar is taking place on Thursday 27th June at pm. Alyson Vale, Director of Abbotsford Care in Fife, will be talking about the book they created - 'Timeslips Collection - Original stories created by our Communities'

If you would like to come along and listen to Alyson explaining how they created the book, please sign up here: <https://forms.office.com/e/VWhVd0Fgra>

LIVE WEBINAR

NHS SCOTLAND
NEUROPROGRESSIVE AND DEMENTIA

ABBOTSFORD CARE LTD

Timeslips Collection
Original stories created by our Communities

Partners in Research would like to invite you to come along and listen to Alyson Vale, Director of Abbotsford Care in Fife, on their book 'Timeslips Collection - Original stories created by our Communities'

Join our webinar
Thursday 27th June 2024 1-2pm
<https://forms.office.com/e/VWhVd0Fgra>

SIGN UP!

Sign up using the link above.
Questions or difficulties signing up, contact tay.ppipartners@nhs.scot

Research Round Up



STUDIES CURRENTLY RECRUITING.

Below are studies being promoted by ENRICH Scotland, so please have a read and contribute. Remember to put it in your CPD/Revalidation....it all counts.

Early planning: A qualitative study on the experiences of older adults and involved decision makers planning for transition care in Scotland

Lucia Halamova from University of Aberdeen is looking for care home residents and their families (who have been actively involved in the planning and/or decision making process) to help with her study.

If interested please contact Lucia on l.halamova.23@abdn.ac.uk²

Residents of care homes: tell us about your experience leading to the move!



1495
UNIVERSITY OF ABERDEEN

Remarkable research for healthy ageing
THE DUNHILL MEDICAL TRUST

Who are we looking for?

- residents of a care home (by 'care home' we mean any care facility with on-site carers or nursing staff)

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at: l.halamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

This study was approved by University of Aberdeen ethics committee n: 1968109

Have you helped someone think about moving to a care home? Tell us about it!



1495
UNIVERSITY OF ABERDEEN

Remarkable research for healthy ageing
THE DUNHILL MEDICAL TRUST

Who are we looking for?

- family/friend carer who helped an older person with decision-making about their future care

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at: l.halamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

For **Tayside** Care Homes only

The perceptions of residents, staff, managers and owners of right-based concepts and their realisation in practice in care homes for older people in Scotland.

Fiona Clark from University of Dundee is looking for a care home in Tayside to help with her study by allowing her to do observations in the care home to gain knowledge and understanding of daily life. She would then like to carry out some interviews with residents, staff and the manager.

If you would like some more information, please contact Fiona on f.z.clark@dundee.ac.uk³ or 07983 232944

²<mailto:l.halamova.23@abdn.ac.uk>

³<mailto:f.z.clark@dundee.ac.uk>

Previous Studies

A huge thank you to all the care homes who supported us to do the SEARCH-U study (Seeking Answers for Care Home Uncertainties: Gathering, Organising and Prioritising Care Home Staff's, Residents' and Relatives' Uncertainties). We really enjoyed speaking to staff and residents, you made us feel so welcome.

Quote from Dr Reen Devi - Study lead

"The team have been brilliant! To date the team have recruited 165 participants over the past 2 months! Without their support we would not have been able to include Scottish care homes in our study sample. The team worked really well together, regularly communicated updates, and made an important contribution to this study."

RICH Voices



Our Team	+
Lay Summaries	+
Video Content	+
Blogs and Articles	+
Podcast	+
ENRICH Scotland Newsletter	+
Image Library	+
Academic Publications	+
Contact Us	+

Our online platform is now live on our ENRICH Scotland website (<https://www.nhsresearchscotland.org.uk/research-in-scotland/facilities/enrich>) . We have lots of new sections with information in them - see below. Please take some time to have a look through.



Congratulations to Rosie who has recently had a paper published. Have a read through <https://www.nhsresearchscotland.org.uk/news/user-led-research-looks-into-invisibility-of-dementia-with-published-paper>

RICH Voices Involvement - Marie Curie Project

Marie Curie are looking for someone from a care home to take part in their patient & public involvement activity. They would like someone to:

1. To take part in a working group with a focus on research data analysis. The data will consist of photographs taken by care home communities (one staff member, one resident, and one family member in two care homes), and the transcriptions of interviews with those taking the photographs. The topic of the photographs will be the last year of life and end of life care in care homes. The PPI members would support the selection of photographs for inclusion in an exhibition and help in the formation of short stories/vignettes to go alongside the photographs based on the interview transcripts. Examples of photographs might be a medicine cupboard not big enough to hold all the end of life care medicines and them all

spilling out, or the space or surroundings that people find themselves in and what this means to them.

2. Each co-researcher would take part in 4 in-person workshops and would receive **£50 payment per workshop**
3. 20% of the population currently die in a care home. This project wants to recognize the good end of life care that already happens in care homes and also highlight the barriers in the system that can get in the way. The benefits of taking part are that it gives PPI members an opportunity to contribute their lived experience and knowledge to influence the direction of the research on an issue that affects everyone. You will be contributing to ensuring the research is relevant, useful, and considerate of the needs and preferences of people living and dying in care homes, their families and those who provide care. The drawbacks of involvement are that it is a sensitive topic and may bring up emotions such as sadness and grief. The research team includes nurses who have worked in hospices and are experienced in this type of research and providing emotional support

If you know of anyone who would be interested, please email tay.enrichscotland@nhs.scot⁴

THANK YOU FOR READING



⁴<mailto:tay.enrichscotland@nhs.scot>

Our Blogs



Blog⁵: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!⁶

ENRICH Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin⁷
- Follow the NRS on Twitter⁸, LinkedIn⁹ and www.nrs.org.uk¹⁰.

⁵<https://enrichscotland.wordpress.com/>

⁶<https://enrichscotland.wordpress.com/>

⁷<https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8>

⁸<https://twitter.com/NHSResearchScot>

⁹<https://www.linkedin.com/company/nhsresearchscotland/>

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot¹¹

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

¹⁰<http://www.nhsresearchscotland.org.uk/>

¹¹<mailto:tay.enrichscotland@nhs.scot>