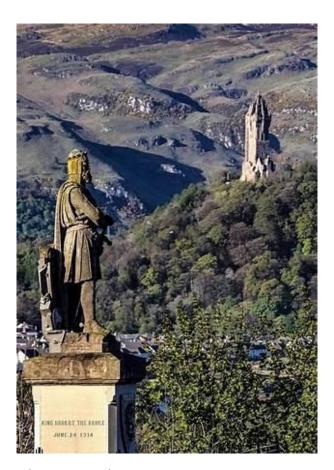


## October 2024



As a famous man from Ayrshire once said;

".....if at first you don't succeed, sign up to ENRICH....."

(Robert the Bruce circa 1310)

## October: The month to start your research journey.

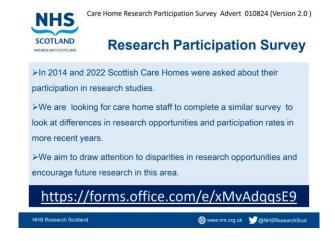
Welcome to the October newsletter. October, the month that Nobel Prize winners are announced, so who knows? Why not have a look at some of the studies recruiting below, dip your toe in and it might be the start of something big?

Once again we want to say a big thank you to all the residents, staff and managers who have, or are, currently taking part in some of the studies we have been promoting. We at ENRICH Scotland are well aware of the demands that are on homes on a daily basis and therefore are more appreciative of you all donating time to the studies. Just be assured that all involvement is worthwhile and only has one mission and that is improving care for all.

"I personally was hoping for a sleep study coming through that I could get involved in. Recently I've had terrible dreams about disco music making a comeback. At first I was afraid, I was petrified..."

## Care home participation in research survey

In 2014, a survey was undertaken by one of the ENRICH Scotland team that looked at participation in research by care homes as part of a PhD thesis. ENRICH Scotland repeated this is 2022 giving a comparison of involvement and attitude towards research. This is now an ongoing process and the survey is being sent out again with some additional questions to reflect changing attitudes and priorities. If you haven't already please click on this survey¹ link and take 5 minutes to complete.



¹https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fforms.office.com%2Fe%2FxMvAdqqsE9 &data=05|02|Bernie.McInally%40nhs.scot|811fa45a2f274ee5203a08dcdd2facd4|10efe0bda0304bca809cb5e 6745e499a|0|0|638628444065453344|Unknown|TWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiL CJBTiI6lk1haWwiLCJXVCI6Mn0%3D|0||&sdata=ZIZ%2FMcSWEKmG7WVbifx7AowJTPGRbEhNcuFAO%2BbVPal %3D&reserved=0

## Alzheimer Scotland Conference Edinburgh



As you can see from the photo, ENRICH Scotland had a stand at the Alzheimer Scotland conference on 20th Sept. This was a very well attended event which reflected on the amount of visitors to our stand. I suspect the attraction was the pens and chocolates rather than that bloke in the blue shirt but we did have the chance to spread the word on ENRICH and how it can benefit care homes and researchers alike.

The next main event we will be attending will be the National Care Home Conference in Glasgow on 15th November so look forward to seeing some of you there. Please come up and say hello and hopefully we'll have replenished the insulated mug supply by then.

# **Research Round Up**

### STUDIES CURRENTLY RECRUITING.

As usual below are studies being promoted by ENRICH Scotland. We now have over 400 care homes signed up on our register, around 39% of all care homes in Scotland, so if that certificate is hanging proudly on your wall then please participate in one of these projects below. There really is something for everyone and all participation counts towards CPD and revalidation.



## **Transitioning to care**

Here is one for all you homes in **Aberdeen**. Lucy Halamova from your fine University up there is conducting a study looking at the transition into care for residents. This involves speaking to residents and family about their journey. From experience residents enjoy these opportunities and appreciate being part of research. Please ask a few residents and let Lucy know if any are interested on l.halamova.23@abdn.ac.uk





# **Understanding Hearing Loss and Dementia**

Hannah (the lead researcher) is still looking to interview any staff members who have escorted residents to a hearing test. As you can see it's Manchester so might know the Gallacher brothers?



## Bereavement support in care homes.

This is being lead by our very own Maria Drummond, and looking at a topic relevant to all homes and all staff in care home. Result is we have already had a great response to this study and recruitment on new homes is on hold. However, if you are still keen to contribute please let me know in case the situation changes.

Dr Drummond is one of the researchers from the University of Glasgow who is recruiting for a Scotland-wide study that investigates bereavement support in care homes. They will begin by carrying out focus groups, with the eventual goal of producing a toolkit of best practice for staff for offering bereavement support.



### **Foot care and Dementia**

Glasgow Caledonian University are now recruiting to a study looking at the provision of foot care for people with advanced stage dementia across Scotland. They are looking for care home managers who are involved in helping to make these decisions or recommending people to deliver necessary footcare to take part in a short video interview.

For more information or if you wish to take part please contact Allison.Scott2@gcu.ac.uk2 or scan



<sup>&</sup>lt;sup>2</sup>mailto:Allison.Scott2@gcu.ac.uk



## Up and coming....watch this space.

### Using and Improving Scotland's care home data.

Dr Jenni Burton from the University of Glasgow is developing methods of understanding and collecting new and existing care home data for use in future research. Initially this will involve interviews with care home staff to discuss care home collection methods.

You will be invited to take part in this research around the use of care home data in Scotland to inform policy and practice. This will involve sorting a list of key statements in order of their importance to you in your professional role and a short follow-up interview to explore your views in more detail. More info to follow...

### LifeLegacy: A pilot study on an AI-driven LLM conversational avatar in a care home setting

This will be trialling an AI avatar designed to alleviate isolation and loneliness in elderly as well as basic health checks. If you want to be part of the future keep an eye open for this one.

#### Platform for vaccine trials.

This is a joint project with Edinburgh and Aberdeen Universities with the intention to build a platform on which to efficiently undertake vaccine trials in care homes in Scotland, with the ambition to be as inclusive of those in remote and rural areas as possible, and with the potential to scale the platform up throughout the UK.

#### Pharmaceutical waste in care homes.

Some of you may already have knowledge of this study as our RICH Voices team, along with some homes, have been involved in framing the questions. Hopefully the study will go live soon.

### **ENRICH** meetings



"...has anyone noticed the time ball and post have been removed from Nelsons monument on Calton Hill...?..."

Care Home Managers Research Forum: Wednesday 30th October on Teams and will focus on Palliative Care

Researchers Forum: Wednesday 27th November 10-11.30am on Teams.

Lothian CHIP (Care Home Innovation Partnership): Wednesday 20th November at 2pm

If you wish information, or wish to attend any of these meetings please contact tay.enrichscotland@nhs.scot<sup>3</sup>

# Conferences coming up...

ENRICH Scotland will be holding workshops, manning stands or presenting at these events so please come over and introduce yourself.

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### **Alzheimer Europe Conference 2024**

Tuesday 8th to Thursday 10th October

In person in Geneva or online

Alzheimer Europe<sup>4</sup>

<sup>&</sup>lt;sup>3</sup>mailto:tay.enrichscotland@nhs.scot

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### **Scottish Care's Annual Care Home Conference & Exhibition**

**Shaping Tomorrow: redefining the future of Care Homes in Scotland** 

15 November 2024 Glasgow

Care Home Conference 2024 - Scottish Care<sup>5</sup>



## **RICH Voices**



<sup>&</sup>lt;sup>4</sup>https://www.alzheimer-europe.org/conferences/2024-Geneva

<sup>&</sup>lt;sup>5</sup>https://scottishcare.org/care-home-conference-2024/#:~:text=Scottish Care's Annual Care Home,November at the Hilton%2C Glasgow.



Thank you for all the interest in our recent RICH Voices support request 'Pharmaceutical waste in Care Homes' The aim of this was to support the researcher to frame her questions for when the study is live and she is working with care homes. We had over 22 care homes interested - amazing!

Once the researcher has her ethics approval and her questions sorted, ENRICH Scotland CSO's will be in touch for care homes to officially take part in the survey.

\_\_\_\_\_

As mentioned at the beginning of this newsletter we are carrying out our bi-annual Care home survey to get feedback from all our Research Ready Care Homes. It shouldn't take long as most questions are multiple choice. It will close at the end of December and we will publish the results in 2025.

\_\_\_\_\_

Finally, we are still looking to set up an online group for family members interested in research activities. We will be in touch with more details soon

## THANK YOU FOR READING,

### ...and remember...

"...a recent study reported 9 out of 10 people agree 1 out of 10 don't know what they're taking about...."

# **Our Blogs**



**Blog**<sup>6</sup>: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!7

# **ENRICH** Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin<sup>8</sup>
- Follow the NRS on Twitter<sup>9</sup>, LinkedIn<sup>10</sup> and www.nrs.org.uk<sup>11</sup>.

<sup>&</sup>lt;sup>6</sup>https://enrichscotland.wordpress.com/

<sup>&</sup>lt;sup>7</sup>https://enrichscotland.wordpress.com/

<sup>8</sup>https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8

<sup>&</sup>lt;sup>9</sup>https://twitter.com/NHSResearchScot

<sup>10</sup> https://www.linkedin.com/company/nhsresearchscotland/

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot<sup>12</sup>

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

<sup>&</sup>lt;sup>11</sup>http://www.nhsresearchscotland.org.uk/

<sup>&</sup>lt;sup>12</sup>mailto:tay.enrichscotland@nhs.scot