

ENRICH SCOTLAND

enabling research in care homes



October 2024



As a famous man from Ayrshire once said;

".....if at first you don't succeed, sign up to ENRICH....."

(Robert the Bruce circa 1310)

Alzheimer Scotland Conference Edinburgh



As you can see from the photo, ENRICH Scotland had a stand at the Alzheimer Scotland conference on 20th Sept. This was a very well attended event which reflected on the amount of visitors to our stand. I suspect the attraction was the pens and chocolates rather than that bloke in the blue shirt but we did have the chance to spread the word on ENRICH and how it can benefit care homes and researchers alike.

The next main event we will be attending will be the National Care Home Conference in Glasgow on 15th November so look forward to seeing some of you there. Please come up and say hello and hopefully we'll have replenished the insulated mug supply by then.

Research Round Up

STUDIES CURRENTLY RECRUITING.

As usual below are studies being promoted by ENRICH Scotland. We now have over 400 care homes signed up on our register, around 39% of all care homes in Scotland, so if that certificate is hanging proudly on your wall then please participate in one of these projects below. There really is something for everyone and all participation counts towards CPD and revalidation.



Transitioning to care

Here is one for all you homes in **Aberdeen**. Lucy Halamova from your fine University up there is conducting a study looking at the transition into care for residents. This involves speaking to residents and family about their journey. From experience residents enjoy these opportunities and appreciate being part of research. Please ask a few residents and let Lucy know if any are interested on l.halamova.23@abdn.ac.uk

Have you helped someone think about moving to a care home? Tell us about it!



UNIVERSITY OF ABERDEEN
1495

Remarkable research for healthy ageing
THE DUNHILL MEDICAL TRUST

Who are we looking for?

- family/friend carer who helped an older person with decision-making about their future care

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

 For more information contact Lucy Halamova, MRes at: lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

Residents of care homes: tell us about your experience leading to the move!



Who are we looking for?

- residents of a care home (by 'care home' we mean any care facility with on-site carers or nursing staff)

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.



For more information contact Lucy Halamova, MRes at: lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

This study was approved by University of Aberdeen ethics committee n: 1968109

Understanding Hearing Loss and Dementia

Hannah (the lead researcher) is still looking to interview any staff members who have escorted residents to a hearing test. As you can see it's Manchester so might know the Gallacher brothers?

DO YOU HAVE DEMENTIA OR ARE YOU CARER OF SOMEONE WITH DEMENTIA?



Take part in research!

Hearing tests for people with dementia...

If you are:

- Someone with **dementia** (any type or severity).
- Living in your own home or in a care home.
- You do **not** need to have hearing loss.

And/ Or

- Their family member, friend or carer.

What's involved?

We want to understand more about hearing tests for people with dementia... What's difficult and what works for you?

- Take part in a one-off interview with a researcher to discuss your (or your relative's) experiences and thoughts about hearing tests.
- The conversation will last around 1 hour.
- It will take place on the telephone or on Zoom, or if you live in the North West, face-to-face might be an option.

You will be reimbursed for your time. A family member or carer can be with you for the interview.

Please contact for more info:

IRAS ID: 334240

hannah.cross-2@manchester.ac.uk
07392864672

V3; 09/05/2024



Bereavement support in care homes.

This is being lead by our very own Maria Drummond, and looking at a topic relevant to all homes and all staff in care home. Result is we have already had a great response to this study and recruitment on new homes is on hold. However, if you are still keen to contribute please let me know in case the situation changes.

Dr Drummond is one of the researchers from the University of Glasgow who is recruiting for a Scotland-wide study that investigates bereavement support in care homes. They will begin by carrying out focus groups, with the eventual goal of producing a toolkit of best practice for staff for offering bereavement support.



Foot care and Dementia

Glasgow Caledonian University are now recruiting to a study looking at the provision of foot care for people with advanced stage dementia across Scotland. They are looking for care home managers who are involved in helping to make these decisions or recommending people to deliver necessary footcare to take part in a short video interview.

For more information or if you wish to take part please contact Allison.Scott2@gcu.ac.uk² or scan



²<mailto:Allison.Scott2@gcu.ac.uk>



Up and coming....watch this space.

Using and Improving Scotland's care home data.

Dr Jenni Burton from the University of Glasgow is developing methods of understanding and collecting new and existing care home data for use in future research. Initially this will involve interviews with care home staff to discuss care home collection methods.

You will be invited to take part in this research around the use of care home data in Scotland to inform policy and practice. This will involve sorting a list of key statements in order of their importance to you in your professional role and a short follow-up interview to explore your views in more detail. More info to follow...

LifeLegacy: A pilot study on an AI-driven LLM conversational avatar in a care home setting

This will be trialling an AI avatar designed to alleviate isolation and loneliness in elderly as well as basic health checks. If you want to be part of the future keep an eye open for this one.

Platform for vaccine trials.

This is a joint project with Edinburgh and Aberdeen Universities with the intention to build a platform on which to efficiently undertake vaccine trials in care homes in Scotland, with the ambition to be as inclusive of those in remote and rural areas as possible, and with the potential to scale the platform up throughout the UK.

Pharmaceutical waste in care homes.

Some of you may already have knowledge of this study as our RICH Voices team, along with some homes, have been involved in framing the questions. Hopefully the study will go live soon.

ENRICH meetings



"...has anyone noticed the time ball and post have been removed from Nelsons monument on Calton Hill...?..."

Care Home Managers Research Forum: Wednesday 30th October on Teams *and will focus on Palliative Care*

Researchers Forum: Wednesday 27th November 10-11.30am on Teams.

Lothian CHIP (Care Home Innovation Partnership): Wednesday 20th November at 2pm

If you wish information, or wish to attend any of these meetings please contact tay.enrichscotland@nhs.scot³

Conferences coming up...

ENRICH Scotland will be holding workshops, manning stands or presenting at these events so please come over and introduce yourself.

Alzheimer Europe Conference 2024

Tuesday 8th to Thursday 10th October

In person in Geneva or online

Alzheimer Europe⁴

³<mailto:tay.enrichscotland@nhs.scot>

Scottish Care's Annual Care Home Conference & Exhibition

Shaping Tomorrow: redefining the future of Care Homes in Scotland

15 November 2024 Glasgow

Care Home Conference 2024 - Scottish Care⁵



RICH Voices



⁴<https://www.alzheimer-europe.org/conferences/2024-Geneva>

⁵<https://scottishcare.org/care-home-conference-2024/#:~:text=Scottish Care's Annual Care Home,November at the Hilton%2C Glasgow.>



Thank you for all the interest in our recent RICH Voices support request 'Pharmaceutical waste in Care Homes' The aim of this was to support the researcher to frame her questions for when the study is live and she is working with care homes. We had over 22 care homes interested - amazing!

Once the researcher has her ethics approval and her questions sorted, ENRICH Scotland CSO's will be in touch for care homes to officially take part in the survey.

As mentioned at the beginning of this newsletter we are carrying out our bi-annual Care home survey to get feedback from all our Research Ready Care Homes. It shouldn't take long as most questions are multiple choice. It will close at the end of December and we will publish the results in 2025.

Finally, we are still looking to set up an online group for family members interested in research activities. We will be in touch with more details soon

THANK YOU FOR READING,

...and remember..

"...a recent study reported 9 out of 10 people agree 1 out of 10 don't know what they're taking about...."

Our Blogs



Blog⁶: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!⁷

ENRICH Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin⁸
- Follow the NRS on Twitter⁹, LinkedIn¹⁰ and www.nrs.org.uk¹¹.

⁶<https://enrichscotland.wordpress.com/>

⁷<https://enrichscotland.wordpress.com/>

⁸<https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8>

⁹<https://twitter.com/NHSResearchScot>

¹⁰<https://www.linkedin.com/company/nhsresearchscotland/>

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot¹²

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

¹¹<http://www.nhsresearchscotland.org.uk/>

¹²<mailto:tay.enrichscotland@nhs.scot>