

ENRICH SCOTLAND

enabling research in care homes



September 2024



Research is better in September

September is not just a fine song by Earth, Wind and Fire as well as being originally the seventh month, when we had ten! It is also a sign we're heading towards Autumn and the summer, for what it was worth, is coming to an end.

On a positive note the academic year has now recommenced, universities are bustling with eager researchers and new projects should be coming fast and furious.

Having said that we'd like to say a massive you to those who are currently taking part in studies as well as all who have recently shown interest in the studies we've been promoting. Researchers have been getting back to us commenting on the high numbers wishing to be involved. So to all those putting their homes, residents and staff forward it is much appreciated and you should be proud of your contribution to the future shaping of care home services.

I know health is important to us all having went to my GP regarding my hearing recently. The GP asked me to "describe the symptoms to me", and I replied "Homer's likes doughnuts and Marge has blue hair".

Research Round Up

STUDIES CURRENTLY RECRUITING.

Below are studies being promoted by ENRICH Scotland, so please have a read and consider contributing. Remember to put it in your CPD/Revalidation....it all counts.



Understanding Hearing Loss and Dementia

Hannah (the lead researcher) is still looking to interview any staff members who have escorted residents to a hearing test. As you can see it's Manchester so might know the Gallacher brothers?

DO YOU HAVE DEMENTIA OR ARE YOU CARER OF SOMEONE WITH DEMENTIA?

Take part in research!

Hearing tests for people with dementia...

If you are:

- Someone with **dementia** (any type or severity).
- Living in your own home or in a care home.
- You do **not** need to have hearing loss.

And/ Or

- Their family member, friend or carer.

What's involved?

We want to understand more about hearing tests for people with dementia... What's difficult and what works for you?

- Take part in a one-off interview with a researcher to discuss your (or your relative's) experiences and thoughts about hearing tests.
- The conversation will last around 1 hour.
- It will take place on the telephone or on Zoom, or if you live in the North West, face-to-face might be an option.

You will be reimbursed for your time. A family member or carer can be with you for the interview.

Please contact for more info:
IRAS ID: 334240 hannah.cross-2@manchester.ac.uk
07392864672 V3; 09/05/2024

This one is from researchers at **The University of Aberdeen** so must be some Grampian homes with residents who would appreciate to tell their story about how they felt moving into a care home.

Have you helped someone think about moving to a care home? Tell us about it!



Who are we looking for?

- family/friend carer who helped an older person with decision-making about their future care

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at: Lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

Residents of care homes: tell us about your experience leading to the move!



Who are we looking for?

- residents of a care home (by 'care home' we mean any care facility with on-site carers or nursing staff)

What will taking part involve?

- 30-45 minute interview (guided conversation) in person, via phone or online.

Why participate?

- Your experiences could help us help others in the position.
- You get £10 as our thank you for taking the time to help us.

For more information contact Lucy Halamova, MRes at: Lhalamova.23@abdn.ac.uk (Supervisors: Dr Stephen Makin, Prof Louise Locock, Prof Louise Phillips)

This study was approved by University of Aberdeen ethics committee n.: 1968109

Bereavement support in care homes.

This is being lead by our very own Maria Drummond, and looking at a topic relevant to all homes and all staff in care home. Result is we have already had a great response to this study and recruitment on new homes is on hold. However, if you are still keen to contribute please let me know in case the situation changes.

Dr Drummond is one of the researchers from the University of Glasgow who is recruiting for a Scotland-wide study that investigates bereavement support in care homes. They will begin by

carrying out focus groups, with the eventual goal of producing a toolkit of best practice for staff for offering bereavement support.



Foot care and Dementia.

Glasgow Caledonian University are now recruiting to a study looking at the provision of foot care for people with advanced stage dementia across Scotland. They are looking for care home managers who are involved in helping to make these decisions or recommending people to deliver necessary footcare to take part in a short video interview.

For more information or if you wish to take part please contact Allison.Scott2@gcu.ac.uk¹ or scan



Up and coming....watch this space.

¹<mailto:Allison.Scott2@gcu.ac.uk>

Using and Improving Scotland's care home data.

Dr Jenni Burton from the University of Glasgow will be developing methods of understanding and collecting new and existing care home data for use in future research. Initially this will involve interviews with care home staff to discuss care home collection methods.

Find out more here²

ENRICH meetings



Care Home Managers Research Forum: Wednesday 30th October on Teams *and will focus on Palliative Care*

Researchers Forum: Wednesday 27th November 10-11.30am on Teams.

Lothian CHIP (Care Home Innovation Partnership): Wednesday 20th November at 2pm

If you wish information, or wish to attend any of these meetings please contact tay.enrichscotland@nhs.scot³

²<https://www.cso.scot.nhs.uk/wp-content/uploads/PCL2101.pdf>

³<mailto:tay.enrichscotland@nhs.scot>

Conferences coming up...



ENRICH Scotland will be holding workshops, manning stands or presenting at these events so please come over and introduce yourself.

Alzheimer Scotland Annual Conference 2024

Edinburgh - Friday 20th September.

Alzheimer Scotland Annual Conference 2024 | Alzheimer Scotland (alzscot.org)⁴

Care Home and Care at Home Conference 2024 Title: Caring and Learning Together

Thursday 3rd of October 2024 all on Online MS Teams

Care Home and Care at Home Conference⁵

Alzheimer Europe Conference 2024

Tuesday 8th to Thursday 10th October

In person in Geneva or online

Alzheimer Europe⁶

Scottish Care's Annual Care Home Conference & Exhibition

Shaping Tomorrow: redefining the future of Care Homes in Scotland

15 November 2024 Glasgow

Care Home Conference 2024 - Scottish Care⁷

⁴<https://www.alzscot.org/conference24>

⁵<https://sway.cloud.microsoft/Agenda-Lothian-Care-Home-and-Care-at-Home-Conference-1.pdf>
(nhsllothian.scot)

⁶<https://www.alzheimer-europe.org/conferences/2024-Geneva>

⁷<https://scottishcare.org/care-home-conference-2024/#:~:text=Scottish Care's Annual Care Home,November at the Hilton%2C Glasgow.>



RICH Voices



Thank you for all the interest in our recent RICH Voices support request 'Pharmaceutical waste in Care Homes'. The aim of this was to support the researcher to frame her questions for when the study is live and she is working with care homes. We had over 22 care homes interested - amazing!

Once the researcher has her ethics approval and her questions sorted, ENRICH Scotland CSO's will be in touch for care homes to officially take part in the survey.

We will soon be carrying out our bi-annual Care home survey to get feedback from all our Research Ready Care Homes. It shouldn't take long as most questions are multiple choice. We will send it out at the start of October and it will close at the end of December. We will publish the results in 2025.

Finally, we are looking to set up an online group for family members interested in research activities. We will be in touch with more details soon

THANK YOU FOR READING

"...and remember never give up. Today I found my stepladder...I never knew my real ladder..."



Our Blogs



Blog⁸: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research.

Click here to check out our blog!⁹

ENRICH Stay Connected to Clinical Research in Scotland



1 - The Team...

- Sign up to the NRS newsletter, Research Bulletin¹⁰
- Follow the NRS on Twitter¹¹, LinkedIn¹² and www.nrs.org.uk¹³.

⁸<https://enrichscotland.wordpress.com/>

⁹<https://enrichscotland.wordpress.com/>

¹⁰<https://nrs.us10.list-manage.com/subscribe?u=c8fe2cc5b484476d8b29be110&id=a399787cc8>

¹¹<https://twitter.com/NHSResearchScot>

¹²<https://www.linkedin.com/company/nhsresearchscotland/>

This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH Scotland news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot¹⁴

ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd). Want to change how you receive these emails? You can update your preferences or unsubscribe from this list.

¹³<http://www.nhsresearchscotland.org.uk/>

¹⁴<mailto:tay.enrichscotland@nhs.scot>